



R.L. Jones Center Pool Schedule January 22nd - January 30th



www.tompssc.com 843-884-2528

FRI	1/22	
7:00 am - 9:00 am		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
9:00 am - 10:00 am		Water Aerobics (3 lanes)/ Lap Swim (2 lanes) /Private Lessons (1 lane)
10:00 am - 11:00 am		Power Aquatics (4 lanes)/ Lap Swim (1 lane) /Private Lessons (1 lane)
11:00 am - 1:30 pm		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
1:30 pm - 3:30 pm		MUSC Aqua Therapy (2 lanes)/ Lap Swim (3 lanes) /Private Lessons (1 lane)
3:30 pm - 6:00 pm		SCSC (6 lanes)/ No Lap Swim/No Rec Swim
6:00 pm - 6:30 pm		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
SAT	1/23	
9:00 am - 12:00 pm		Group Swim Lessons (2 lanes)/Private Lessons (2 lanes)/ Lap Swim (2 lanes)
12:00 pm - 5:00 pm		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
MON	1/25	
7:00 am - 9:00 am		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
9:00 am - 10:00 am		Water Aerobics (3 lanes)/ Lap Swim (2 lanes) /Private Lessons (1 lane)
10:00 am - 11:00 am		Power Aquatics (4 lanes)/ Lap Swim (1 lane) /Private Lessons (1 lane)
11:00 am - 1:30 pm		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
1:30 pm - 3:30 pm		Aqua Therapy (2 lanes)/Lap Swim (3 lanes)/Private Lessons/Rec Swim (1 lane)
3:30 pm - 4:15 pm		Minnows (6 lanes)/ No Lap Swim/No Rec Swim
4:15 pm - 4:45 pm		SCSC (4 lanes)/ Lap Swim (1 lane) /Private Lessons (1 lane)
4:45 pm - 6:30 pm		Sharks (3 lanes)/SCSC (3 lanes)/ No Lap Swim/No Rec Swim
6:30 pm - 7:30 pm		SCSC (4 lanes)/ Lap Swim (2 lanes)
7:30 pm - 8:15 pm		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
TUES	1/26	
7:00 am - 9:00 am		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
9:00 am - 10:00 am		Advanced Water Fitness (3 lanes)/ Lap Swim (2 lanes) /Private Lessons (1 lane)
10:00 am - 11:00 am		Calorie Burners (4 lanes)/ Lap Swim (1 lane) /Private Lessons (1 lane)
11:00 am - 12:00 pm		Better Balance and Joyful Joints (3 lanes)/ Lap Swim (2 lanes) /Private Lessons (1 lane)
12:00 pm - 3:00 pm		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
3:00 pm - 4:15 pm		Group Swim Lessons (2 lanes)/ Lap Swim (3 lanes) /Private Lessons/Rec Swim (1 lane)
4:15 pm - 4:45 pm		SCSC (4 lanes)/Group Swim Lessons (2 lanes)/ No Lap Swim/No Rec Swim
4:45 pm - 6:30 pm		SCSC (4 lanes)/ Lap Swim (1 lane) /Private Lessons (1 lane)/No Rec Swim
6:30 pm - 7:30 pm		Sharks (6 lanes)/ No Lap Swim/No Rec Swim
7:30 pm - 8:15 pm		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
WED	1/27	
7:00 am - 9:00 am		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
9:00 am - 10:00 am		Water Aerobics (3 lanes)/ Lap Swim (2 lanes) /Private Lessons (1 lane)
10:00 am - 11:00 am		Power Aquatics (4 lanes)/ Lap Swim (1 lane) /Private Lessons (1 lane)
11:00 am - 1:30 pm		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
1:30 pm - 3:30 pm		Aqua Therapy (2 lanes)/Lap Swim (3 lanes)/Private Lessons/Rec Swim (1 lane)
3:30 pm - 4:15 pm		Minnows (6 lanes)/ No Lap Swim/No Rec Swim
4:15 pm - 6:30 pm		SCSC (4 lanes)/ Lap Swim (1 lane) /Private Lessons (1 lane)
6:30 pm - 7:30 pm		Sharks (3 lanes)/SCSC (3 lanes)/ No Lap Swim/No Rec Swim
7:30 pm - 8:15 pm		SCSC (4 lanes)/ Lap Swim (2 lanes)
THURS	1/28	
7:00 am - 9:00 am		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
9:00 am - 10:00 am		Advanced Water Fitness (3 lanes)/ Lap Swim (2 lanes) /Private Lessons (1 lane)
10:00 am - 11:00 am		Calorie Burners (4 lanes)/ Lap Swim (1 lane) /Private Lessons (1 lane)
11:00 am - 12:00 pm		Better Balance and Joyful Joints (3 lanes)/ Lap Swim (2 lanes) /Private Lessons (1 lane)
12:00 pm - 3:00 pm		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
3:00 pm - 4:15 pm		Group Swim Lessons (2 lanes)/ Lap Swim (3 lanes) /Private Lessons/Rec Swim (1 lane)
4:15 pm - 4:45 pm		SCSC (4 lanes)/Group Swim Lessons (2 lanes)/ No Lap Swim/No Rec Swim
4:45 pm - 6:30 pm		SCSC (4 lanes)/ Lap Swim (1 lane) /Private Lessons (1 lane)/No Rec Swim
6:30 pm - 7:30 pm		Sharks (6 lanes)/ No Lap Swim/No Rec Swim
7:30 pm - 8:15 pm		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
FRI	1/29	
7:00 am - 9:00 am		Lap Swim (4 lanes) /Private Lessons (1 lane)/Rec Swim (1 lane)
9:00 am - 10:00 am		Water Aerobics (3 lanes)/ Lap Swim (2 lanes) /Private Lessons (1 lane)
10:00 am - 11:00 am		Power Aquatics (4 lanes)/ Lap Swim (1 lane) /Private Lessons (1 lane)

11:00 am - 1:30 pm	Lap Swim (4 lanes)/Private Lessons (1 lane)/Rec Swim (1 lane)
1:30 pm - 3:30 pm	MUSC Aqua Therapy (2 lanes)/Lap Swim (3 lanes)/Private Lessons (1 lane)
3:30 pm - 6:00 pm	SCSC (6 lanes)/No Lap Swim/No Rec Swim
6:00 pm - 6:30 pm	Lap Swim (4 lanes)/Private Lessons (1 lane)/Rec Swim (1 lane)
SAT 1/30	
9:00 am - 12:00 pm	Group Swim Lessons (2 lanes)/Private Lessons (2 lanes)/Lap Swim (2 lanes)
12:00 pm - 5:00 pm	Lap Swim (4 lanes)/Private Lessons (1 lane)/Rec Swim (1 lane)

****No pool entry 30 minutes before closing****
Pool schedule subject to change weekly