



Program Schedule

November 16, 2020 – November 21, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16	17	18	19	20	21
9:30AM (CARD) TRIPLE PLAY CANASTA 10:00AM (A/C) KNIT WITS GROUP 11:00AM (L) CRIBBAGE 1:00 PM (CARD) CONTRACT BRIDGE 1:00PM (L) CHESS	9:30AM (CARD) CONTRACT BRIDGE 10:00AM (L) MAH JONGG 10:00AM (A/C) RUG HOOKING 1:00PM (L) CHESS	9:00AM (CARD) CONTRACT BRIDGE 9:30AM (L) TRIPLE PLAY CANASTA 1:00PM (CARD) BID WHIST 1:00PM (A/C) DRAWING STUDIO 2:00PM (L) DOM., RUMMI & BKGAMMON 2:00PM (CARD) SCRABBLE	9:00AM (L) BILLIARDS 9:00AM (CARD) CONTRACT BRIDGE 1:00PM (L) PINOCHLE	9:30AM (L) TRIPLE PLAY CANASTA 12:00PM (CARD) MAH JONGG 1:00PM (L) EUCHRE	10:00AM (CARD) CONTRACT BRIDGE
<div style="border: 2px solid red; padding: 10px;"> <p><u>SOFT OPENING!</u></p> <p>Please Note: Limited programs - All Open Play & Self-Led</p> <p>Please have patience while we all navigate this safety journey together!</p> </div>					

Mt. Pleasant Senior Center



Exercise Class Schedule



November 16, 2020 – November 21, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16	17	18	19	20	21
7:00AM (AB) TNT 9:00AM \$ (AB) BALANCE & STRETCH 11:00PM \$ (AB) PRIME TIME CARDIO FITNESS 12:00PM \$ (C) PILATES 1:00PM \$ (AB) LINE DANCE L 2&3 3:00PM \$ (AB) TAP CLASS 6:00PM (AB) BODY WORKS	8:00AM (LOB) WALKER'S CLUB (Call AI @ 843 884-8555 for start point) 8:00AM \$ (AB) ZUMBA	7:00AM (AB) TNT 9:00AM (C) YIN YOGA 9:00AM \$ (AB) BALANCE & STRETCH 12:00PM \$ (AB) LINE DANCE L4 12:00PM \$ (C) BARRE 2:30PM \$ (AB) TAI CHI INTERMEDIATE 6:00PM (AB) BODY WORKS	8:00AM (LOB) WALKER'S CLUB (Call AI @ 843 884-8555 for start point) 10:00AM \$ (AB) STRENGTH TRAINING 12:00PM \$ (C) PILATES	7:00AM (AB) TNT 9:00AM (C) YIN YOGA 10:00AM \$ (AB) STRENGTH TRAINING	7:00AM (AB) TNT 10:00AM \$ (AB) YOGA HATHA
<div style="border: 2px solid red; padding: 10px;"> <p><u>SOFT OPENING!</u></p> <p>Limited Class Sizes: 6 Max in Exercise Rm. A/B 3 Max in Exercise Rm. C</p> <p>First Come, First Serve.</p> <p>The Back Desk will hand out numbered attendance cards 1/2 hour prior to the start of each class.</p> <p>12 members permitted in the Fitness Rm. Limited to 1 hour use.</p> </div>					

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