







# Program Schedule



## November 23, 2020 – November 28, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24	25	26	27	28
<b>9:30AM (CARD)</b> TRIPLE PLAY CANASTA  <b>10:00AM (A/C)</b> KNIT WITS GROUP  <b>11:00AM (L)</b> CRIBBAGE  <b>1:00 PM (CARD)</b> CONTRACT BRIDGE  <b>1:00PM (L)</b> CHESS	<b>9:30AM (CARD)</b> CONTRACT BRIDGE  <b>10:00AM (L)</b> MAH JONGG  <b>10:00AM (A/C)</b> RUG HOOKING  <b>1:00PM (L)</b> CHESS	<b>9:00AM (CARD)</b> CONTRACT BRIDGE  <b>9:30AM (L)</b> TRIPLE PLAY CANASTA  <b>1:00PM (CARD)</b> BID WHIST  <b>1:00PM (A/C)</b> DRAWING STUDIO  <b>2:00PM (L)</b> DOM., RUMMI & BKGAMMON  <b>2:00PM (CARD)</b> SCRABBLE	  <b>C L O S E D</b>  	<b>C L O S E D</b>    	<b>10:00AM (CARD)</b> CONTRACT BRIDGE  <b>The Senior Center will close at 12:00pm today!</b>
<div style="border: 2px solid red; padding: 10px;"> <p><b><u>Due to Covid 19!</u></b></p> <p><b>Please Note: Limited programs - All Open Play &amp; Self-Led</b></p> <p><b>Please have patience while we all navigate this safety journey together!</b></p> </div>					



# Mt. Pleasant Senior Center



# Exercise Class Schedule



## November 23, 2020 – November 28, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>7:00AM (AB)</b> TNT  <b>9:00AM \$ (AB)</b> BALANCE & STRETCH  <b>11:00PM \$ (AB)</b> PRIME TIME CARDIO FITNESS  <b>12:00PM \$ (C)</b> PILATES  <b>1:00PM \$ (AB)</b> LINE DANCE L 2&3  <b>3:00PM \$ (AB)</b> TAP CLASS  <b>6:00PM (AB)</b> BODY WORKS	<b>8:00AM (LOB)</b> WALKER'S CLUB (Call AI @ 843 884-8555 for start point)  <b>8:00AM \$ (AB)</b> ZUMBA	<b>7:00AM (AB)</b> TNT  <b>9:00AM (C)</b> YIN YOGA  <b>9:00AM \$ (AB)</b> BALANCE & STRETCH  <b>12:00PM \$ (AB)</b> LINE DANCE L4  <b>2:30PM \$ (AB)</b> TAI CHI INTERMEDIATE	  <b>C L O S E D</b>	<b>C L O S E D</b>	The Senior Center will close at 12:00pm today!
<p align="center"><b>Due to Covid 19!</b></p> <p align="center"><b>Limited Class Sizes: 6 Max in Exercise Rm. A/B</b></p> <p align="center"><b>3 Max in Exercise Rm. C</b></p> <p align="center"><b>First Come, First Serve.</b></p> <p align="center"><b>The Back Desk will hand out numbered attendance cards</b></p> <p align="center"><b>1/2 hour prior to the start of each class.</b></p> <p align="center"><b>12 members permitted in the Fitness Rm.</b></p> <p align="center"><b>Limited to 1 hour use.</b></p>					

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