REGISTRATION BEGINS JAN 2
PROGRAMS BEGINS DEC 4
SPORTS OPENS JAN 2
WINTER/SPRING 2024
REGISTRATION

How to Register

ONE

REGISTER ONLINE

NEW USERS: To use our online registration program, you must have previously registered for an activity with the Mount Pleasant Recreation Department. If you are a new member, you will need to stop by one of our facilities to enroll. Refer to #2, “Walk-in.”

If this is your child’s first time participating in a recreation activity, you must provide an original or certified copy of their birth certificate or passport. The Mount Pleasant Recreation Department does not retain a copy of birth certificates.

NOTE: You may enroll as a new member at any point. We recommend that you enroll as a new member and have your login information ready and available prior to any registration period.

RETURNING USERS: If you do not remember your username or password, click on “Forgot Password” and follow the directions. If you are still unable to reset your password, please call the R.L. Jones Center at (843) 884-2528.

GUIDELINES: We recommend looking through the brochure and choosing your activities prior to logging in. Mount Pleasant Recreation Department only accepts VISA and MASTERCARD.
• No discounts are given online.
• Registration dates are set in advance and subject to change. Refer to our website, information sheets, or call for an update.

TWO

WALK-IN

Register in person at the R.L. Jones Center Monday-Saturday or at the G.M. Darby Building and Park West Programming Building Monday-Friday.

FAQ

CHECK POLICY: A $25 charge will apply for any returned check. Local address, South Carolina driver’s license # and date of birth are required on all checks received.

SCHOLARSHIP: Scholarship forms and all documents must be turned in to a Recreation facility ten (10) days before open registration. For complete scholarship information, visit our website.

REGISTRATION GUIDELINES. CANCELLATION: We reserve the right to cancel any activity/program in which we do not receive the minimum number of participants.

RAINOUT INFORMATION: Check field closings and game cancellations due to bad weather: Visit rainedout.com and search Mount Pleasant Recreation Department, then sign up for text/email alerts or visit the RainedOut page of our website: MtPleasantRec.com.

JOIN THE RECREATION EMAIL CLUB: For the best stories from Mount Pleasant Recreation delivered right to your inbox, text MPREC to 22828 to sign up for our newsletter.

ATHLETIC REFUND/TRANSFER POLICY:
NO refunds will be considered after the FIRST GAME of the season. Late fees are not refundable. A $10 transfer fee will apply if patron requests a transfer between different sports. If there are different levels of play in the same sport and the Athletic Coordinator suggests the participant be transferred to accommodate the child’s level of play, then the transfer fee will not apply.

PATRONS REQUESTING ATHLETIC REFUND:
A $10 processing fee will be charged for each participant’s request for refund. Requests for refunds minus $10 processing fee will be considered PRIOR TO THE FIRST GAME OF THE SEASON. Requests must be made by an adult 18 years or older. Refund processing may take up to 2 weeks.

MPRD POLICY:
Anyone and everyone, regardless of ability, may register for a program through the Mount Pleasant Recreation Department. All Recreation Department buildings are accessible to all persons. Those needing special assistance should notify the center in advance.

HOW TO REGISTER ONLINE

1. Go to www.MtPleasantRec.com and click “Register Online”
2. Enter your username and password
3. Select a category
4. Enroll by clicking the box to the left of the activity
5. Click “Add to Cart” on the bottom of your screen
6. Select the household member to enroll and click “Continue”
7. Answer questions and sign the waiver
8. Proceed to checkout
9. Be sure to log out!
Welcome to the 2024 Spring InMotion, where you’ll find that the Mount Pleasant Recreation Department has something for everyone! Whether you enjoy sports, music, arts, therapeutic recreation, fitness, senior programs and/or special events, you’re sure to discover activities that will enrich your social life and enhance your overall physical and mental health.

This edition of InMotion provides an interesting feature article on page 11 about the Town’s work with the Clemson Extension to nurture natural habitats by creating floating wetlands that improve water quality in stormwater ponds at the Park West Recreation Complex. It is a great example of collaborative work to beautify our park and protect our natural resources.

MPRD is excited to celebrate the completion of Phases 3 and 4 at the Carolina Park Recreation Complex. The expanded facility includes additional parking, basketball/pickleball courts, a dog park, two additional soccer fields, a new 325’ baseball field, and two new 200’ women’s softball fields!

These improvements provide greatly needed facilities to meet our continuously growing needs and we truly appreciate our Town Council for their support in making facilities like this possible.

Recreation plays an important role in the quality of life and strong sense of community that people enjoy in Mount Pleasant. Perhaps nothing displays that strong sense of community more than the 1,500+ volunteers that give up their time and talent to volunteer as coaches, instructors, chaperones, team moms, etc. Without these volunteers, many of the programs we offer would not be possible. As you or your children participate in MPRD activities, please take the opportunity to thank them for their dedication to our programs. Better yet, get involved if you can!

All of us here at MPRD are eager to provide you and your family with quality programs that you deserve. We look forward to serving you in the new year!

Steve Gergick
RECREATION DIRECTOR,
TOWN OF MOUNT PLEASANT
TOWN OF MOUNT PLEASANT
MISSION STATEMENT
To deliver superior performance in a manner that is distinctive and impactful to each person served and that establishes a standard for quality that endures for generations.

MOUNT PLEASANT RECREATION DEPARTMENT
MISSION STATEMENT
It is the responsibility of the Mount Pleasant Recreation Department to offer exceptional, comprehensive yet sustainable and affordable recreation and leisure opportunities through a professional staff that is dedicated to providing the residents of the Town of Mount Pleasant with superior customer service, quality facilities, and dynamic programming.

VISION STATEMENT
Establishing Mount Pleasant as the state’s leader in municipal government through the combined efforts of a dedicated elected body, highly skilled staff, and engaged citizenry.

BY LOCATION

**TOWN HALL**
Steve Gergick Director
Megan Lynn Executive Secretary
Melissa Estrada Support Coordinator
Deedee Becerra Accounting Technician
Savannah Royal Accounting Technician

**R.L. JONES CENTER**
Jimmy Millar Deputy Director
Matt Hansen Athletic Division Chief
Shelli Davis Program Division Chief
Nicole Harvey Community Affairs & Marketing Division Chief
Austin Emanuel Baseball/Softball Coordinator
Scott Koth Adult Sport Coordinator
Ryan Johnson Soccer/Wrestling Coordinator
Eric Duhamel Athletic Specialist
Madison Fort Athletics Specialist
Carla Svensen Administrative Assistant/Athletics
Tiffani Walker Administrative Assistant/Programs
Karen Washington Administrative Assistant
Shonette Glover Customer Service Rep
Eria Wilson Program Specialist
Danny Johnson Sponsorship Coordinator
Tracy Richter Events Coordinator
Jon Whitbeck Marketing Coordinator
Dani Fraser Community Affairs & Marketing Assistant
Jessica Walsh Aquatics Coordinator
Reid McGowan Aquatics Specialist
Holly Norton Pool Operator

**PARK WEST PROGRAM BUILDING**
Anne Selner Program Specialist
Angela McKee Customer Service Representative

**PARK WEST GYM**
Jay Rhodes FUNdamentals Coordinator 843-856-6076
Austin Strickland Football/Lacrosse–Track Coordinator 843-856-6078

**TOWN HALL GYM**
Logan Weckbaugh Volleyball/Basketball Coordinator

**PARK WEST POOL**
Deborah Llaro Administrative Assistant
Dave Horton Aquatics Specialist

**MOUNT PLEASANT TENNIS CENTER**
Haley Vaughn Tennis Coordinator
Cameron Carter Tennis Specialist
Clay Maynor Head Tennis Professional

**G.M. DARBY BUILDING**
Diane Betz Program Coordinator
Hailey Howard Program Specialist
Sandi McGee Customer Service Representative

**THOMASENA STOKES-MARSHALL SENIOR SERVICES CENTER**
Sherrie Pompeii Senior Center Coordinator
Carmen Williams Senior Center Specialist
Rhea Pitts Administrative Assistant
Jackie Lawson Customer Service Representative

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GET BACK IN THE GAME
AREA’S LEADING ORTHO TEAM

ASK THE EXPERTS WHO KNOW

ROPER ST. FRANCIS HEALTHCARE
rsfh.com/orthopaedics

Lowcountry inspired, delicious, healthy meals

MIMO
### Spring Youth Athletics

**Sport** | **Groups** | **Fee** | **Registration Period**
---|---|---|---

**Basketball** | **Men’s Open-Competitive | Men’s 35 & Over | Men’s Open Recreation** | **$600** | **4/23 – 5/2**

**Soccer** | **Co-ed** | **$800** | 12/17-1/1

**Softball** | **Men’s Open | Men’s Rec | Co-ed | Church** | **$600** | 1/2 – 1/17

**Flag Football** | **Open** | **$600** | 3/24 – 4/8

**Soccer** | **Co-ed** | **$800** | 3/24 – 4/8

**Softball** | **Men’s Open | Men’s Rec | Co-ed** | **$600** | 3/24 – 4/8

**Basketball** | **Men’s Open-Competitive | Men’s 35 & Over | Men’s Open Recreation** | **$600** | 10/22 – 11/1

### SUMMER YOUTH ATHLETICS

**Sport** | **FEE** | **REGISTRATION PERIOD**
---|---|---
**SPRING** | **PACKETS ONLINE** | 1/16 – 1/25

**Baseball** | **21 & Over** | **$1800** | 3/24 – 4/8

**Soccer** | **Co-ed** | **$800** | 3/24 – 4/8

**Softball** | **Men’s Open | Men’s Rec | Co-ed** | **$600** | 3/24 – 4/8

**Summer** | **Soccer** | **Co-ed** | **$800** | 3/24 – 4/8

**Basketball** | **Men’s Open-Competitive | Men’s 35 & Over | Men’s Open Recreation** | **$600** | 3/24 – 4/8

**Soccer** | **Co-ed** | **$800** | 3/24 – 4/8

**Softball** | **Men’s Open | Men’s Rec | Co-ed** | **$600** | 3/24 – 4/8

**Basketball** | **Men’s Open-Competitive | Men’s 35 & Over | Men’s Open Recreation** | **$600** | 3/24 – 4/8

For more information on Adult Athletics, contact Scott Koth at SKoth@tompsc.com, or 843-884-2528, ext. 5518.
YOUTH ATHLETICS

FUNdamentals

In FUNdamental sports special requests for specific team or coach are not considered. Mount Pleasant Recreation Department places participants on teams based on their side of town and school. However, there is no guarantee. Team assignments are completed after registration ends. NO AGE WAIVERS CONSIDERED.

LACROSSE

ACTIVITY #103LAX001
AGES 5-8 AS OF 9/1/2023
- Practice begins in February and games begin in March. Practices and games are held at the R.L. Jones Center.
- Ten games scheduled but only 8 guaranteed. The first two rainouts are not rescheduled.
- U7 Participants are responsible for their own equipment: stick, gloves and mouthpiece.
- U9 Participants are responsible for their own equipment. Boys – helmet, shoulder pads, elbow pads, gloves, stick and mouthpiece. Girls – goggles, stick and mouthpiece. Helmets not required but recommended.

SOCOR

ACTIVITY #103SOC001
AGES 4-7 AS OF 9/1/2023
- New teams are formed in the Spring.
- Practices/games begin in February.
- Ten games scheduled but only 8 guaranteed. The first two rainouts are not rescheduled.
- All practices/games scheduled 2 times per week Monday/ Wednesday/Saturday at 5:30pm (M/W) and 8–11am (SAT) at either Cheryll Woods-Flowers, Park West Complex, or Carolina Park.
- Shin guards required.

BASEBALL RECREATION & DIXIE LEAGUES

AGES 8-18 AGE AS OF APRIL 30, 2024
- Practice begins in February.
- Games played M–SAT (Two Games Per Week)
- Post-season tournaments scheduled at end of regular season.
- All Stars selected in all leagues.
- No games during Spring Break; however, practice is permitted.

<table>
<thead>
<tr>
<th>RECREATION ACTIVITY #</th>
<th>DIXIE ACTIVITY #</th>
</tr>
</thead>
<tbody>
<tr>
<td>113BSB001-01 age 8</td>
<td>113BSB003-01 ages 9-10 (Dixie Youth)</td>
</tr>
<tr>
<td>113BSB001-02 ages 9-10</td>
<td>113BSB003-02 ages 11-12 (Dixie Ozone)</td>
</tr>
<tr>
<td>113BSB001-03 ages 11-12</td>
<td>113BSB003-03 ages 13-14 (Dixie Boys)</td>
</tr>
<tr>
<td>113BSB001-05 ages 15-18</td>
<td></td>
</tr>
</tbody>
</table>

MIDDLE SCHOOL BASEBALL

#113BSB002
GRADES 6TH – 8TH BY
- Players must try out for their respective schools.
- Practice begins in February.

Cario Middle School #113BSB002-01
Moultrie Middle School #113BSB002-02
Laing Middle School #113BSB002-03
LOWCOUNTRY SOFTBALL

**ACTIVITY #113SFT001**
**AGES 8–16 AS OF 4/30/2024**
- This league strives for competitive local play without extensive travel obligations.
- Coaches call with time, location of practices.
- Games begin a month after practices start. 12U plays M and W. 10U plays T and TH. U15 plays M–TH.
- Games played throughout the Charleston area (St. Andrews, James Island, Daniel Island, etc.)
- MPRD provides a shirt and socks.

**LEAGUE BREAKDOWN**

<table>
<thead>
<tr>
<th>Ages 8–16</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>U10</td>
<td>T &amp; TH</td>
</tr>
<tr>
<td>U12</td>
<td>M &amp; W</td>
</tr>
<tr>
<td>U15</td>
<td>M–TH</td>
</tr>
</tbody>
</table>

CHALLENGER SOCCER

**ACTIVITY #112SOC001**
**AGES 8-18 AS OF 12/31/2023**

South Carolina Youth Soccer Association mandatory annual fee ($10)

**LEAGUE BREAKDOWN**

<table>
<thead>
<tr>
<th>Ages 8-18</th>
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</thead>
<tbody>
<tr>
<td>Boys/Girls separate</td>
</tr>
<tr>
<td>U9-U12</td>
</tr>
<tr>
<td>U13-U19</td>
</tr>
</tbody>
</table>

- Very limited spots available per team. Rosters will be filled as needed.
- Team managers contact participants concerning uniform purchase.
- Evaluations are MANDATORY. Dates announced at registration. This is a competitive club soccer league. Admittance is not guaranteed.
- Games scheduled Saturday and/or Sunday throughout the Lowcountry including but not limited to Mount Pleasant, James Island, Summerville, Charleston, Walterboro, and Goose Creek.

RECREATION SOCCER

**ACTIVITY #113SOC002**
**AGES 8–17 AS OF 9/1/2023**

**ACTIVITY #110SCYSAF**

South Carolina Youth Soccer Association mandatory annual fee ($10)

**LEAGUE BREAKDOWN**

<table>
<thead>
<tr>
<th>Ages 8–16</th>
</tr>
</thead>
<tbody>
<tr>
<td>U10 Boys/ Girls separate</td>
</tr>
<tr>
<td>ages 8-9</td>
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<tr>
<td>U12 Boys/ Girls separate</td>
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<tr>
<td>ages 10-11</td>
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<tr>
<td>U15 Coed</td>
</tr>
<tr>
<td>ages 12-14</td>
</tr>
<tr>
<td>U18 Coed</td>
</tr>
<tr>
<td>ages 15-17</td>
</tr>
</tbody>
</table>

- No age waiver allowed.
- Maximum 2 games per week, M–TH (F, SAT, SUN for makeups only).
- Practice, games played at any MPRD facility.
- All players automatically drafted according to age, zip code and location preference.
- Coaches call with dates, times, and locations.
- Season begins in February and ends in May. There is no All-Star program in the spring.

MOUNT PLEASANT TRACK CLUB

**ACTIVITY #113TRK001**
**AGES 7-18 BY 12/31/23**

- Track Club is a program that encompasses a variety of Track and Field events and is appropriate for all skill levels, from beginner to advanced.
- The team competes in the USA Track and Field (USATF) Junior Olympics program.
- Practices are M, W, and TH from 6 – 7:30 pm at the Park West Track April through July.
- An additional Booster Club fee is required and must be paid separately to the club no later than 2 weeks after the first practice.

LACROSSE

**ACTIVITY #113LAX001**
**AGES 9-14 AS OF 9/1/2023**

- New playing format this season- 6v6 with a smaller playing field and simplified rules to create a better learning experience for all participants involved.
- Practice begins in Feb; games begin in March.
- Practices will be held at various locations in Mount Pleasant and games will be held at various locations in Mount Pleasant and the City of Charleston.
- Participants are responsible for their own equipment. Boys – helmet, shoulder pads, elbow pads, gloves, stick and mouthpiece. Girls – goggles, stick and mouthpiece. Helmets not required but recommended.

BASKETBALL DEVELOPMENT & CONDITIONING CLINIC

**ACTIVITY # 113BSK004**

Players taken through progressive development techniques based on skills. Conditioning drills track speed, explosiveness, change of direction, endurance and other attributes.

**Instructor:** Jeff Labiento

Fee: $160 residents & nonresidents

R.L. JONES CENTER GYM

<table>
<thead>
<tr>
<th>Ages 9-14</th>
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</tr>
</thead>
<tbody>
<tr>
<td>4/15 – 5/1</td>
<td>M &amp; W</td>
</tr>
<tr>
<td>Girls</td>
<td>5:30 – 7 pm</td>
</tr>
<tr>
<td>Boys</td>
<td>7 – 8:30 pm</td>
</tr>
</tbody>
</table>

FLAG FOOTBALL

**ACTIVITY #113FTB001**
**AGES 9-14 AS OF 4/30/2024**

- Teams are formed for North and South, if numbers allow.
- No age waivers accepted.
- Practices begin in February and games in March. Games are played on weeknights with no games scheduled during Spring Break.
- All practices and games will be played in Mount Pleasant.
- Participants receive flags and jersey. Mouthpiece and shorts without pockets must be worn.
MOUNT PLEASANT
FARMERS MARKET

Locally Grown Produce | Food Vendors | Live Music

TUESDAYS
COLEMAN BLVD

APRIL to SEPTEMBER
3:30 PM to 7:00 PM

For more information email farmersmarket@tompsc.com or visit ExperienceMountPleasant.com
Unified Sports was developed to provide year-round sports for youth and adult participants with and without disabilities. Through these activities, athletes learn skills, improve self-esteem, and build new friendships while increasing inclusion in our community. MPRD offers year-round sports and programs including basketball, swimming, golf, kickball, softball, soccer, and many social activities. Athletes have the possibility to compete locally as well as internationally through Special Olympics.

Volunteers are needed for all sports!
Contact Shelli Davis at 843-884-2528 or email sdavis@tompsc.com for more information.

**Unified Sports**

**Special Olympics**

**Unified Golf**

#553ATH001 *All abilities $15*
Your athlete CAN play golf! This program accommodates many skill levels. If they are new to the sport, they will learn the basics of driving, chipping, putting, etc. As they begin to understand the skills, they will work their way on to the golf course.

**Patriots Point Links**

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>4/2 - 5/12</td>
<td>T</td>
<td>4:30 – 6pm</td>
</tr>
</tbody>
</table>

**Unified Basketball**

#152BSK001 *All abilities $20*
This program accommodates all skill levels! Whether your child is learning the fundamentals or ready to take on the Miami Heat, they will have a spot on the team. We compete at the local as well as state competitions in early spring!

**R.L. Jones Center Gym**

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/10 – 3/20</td>
<td>SAT</td>
<td>9 – 11am</td>
</tr>
</tbody>
</table>

**Unified Swim - Piranhas**

#352SWT001 *All abilities $40*
Athletes must be 8yrs+ and be able to swim without a partner/volunteer. Peers must be 10yrs+ and be able to swim laps with athletes. There may be a limit of participants (due to pool size) so please sign up quickly. Separately, we have instructors who work with our special needs athletes if you would like to sign your child up for swim lessons.

**R.L. Jones Center Gym**

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/19 – May</td>
<td>F</td>
<td>5:30-6:30pm</td>
</tr>
</tbody>
</table>
A pond set just next to the Park West Recreation Complex pavilion boasts an appealing landscape likely overlooked by many passersby, but this partnership project of the Clemson Extension and the Town of Mount Pleasant facilitates storm water management, nurtures natural habitat, and deters geese from taking up residence at the sports complex. While the visible results are subtle, the benefits are substantial. Two major components of the design include pond buffers and floating wetlands.

A pond buffer is a natural edge of plants that secure the soil surrounding a pond to prevent erosion and slow the addition of stormwater while also acting as a barrier and sponge for runoff fertilizer, which negatively impacts waterways. Native grasses offer a simple solution, while pickleweed, iris, and even canna provide a pop of color when they flower. Sunlight and salinity impact the success of the plants.

While many may prefer the aesthetic of neatly mowed and trimmed grass at a water’s edge, the look isn’t conducive to pond health. Plus, it attracts geese and often encourages them to stay as they love easily walking from grass to water without being hindered by vegetation. Geese also like to be able to clearly see approaching prey. Once geese have decided to stay at a pond, their numbers can increase quite quickly, creating problems.

The second major aspect of the Park West pond project are floating wetlands. These manmade structures mimic natural wetlands but are designed to float on waterbody surfaces such as ponds, lakes and stormwater retention basins. Since they float on the surface, they don’t diminish the overall water capacity. A relatively new innovative concept, they offer environmental and ecological benefits such as improved water quality and habitat creation.

Floating wetlands help absorb excess nutrients like nitrogen and phosphorus, reducing water pollution and harmful algal blooms. Wetland plants soak up nitrates to grow. Their roots are colonized by helpful bacteria, which creates a biofilm that converts surplus nitrate into inert nitrogen gas and helps to alleviate algal blooms caused by fertilizer runoff. When an algae bloom dies, it sinks and rots, producing an unpleasant odor and oxygen depletion, which can be detrimental to fish.

Wetland plant roots and the microorganisms associated with them act as natural filters, removing pollutants and suspended solids from the water. The plants act as a wind barrier, helping calm water movement. The roots aid in slowing the water, also allowing sediments to settle and helping to clear the water.

Although less research is available about habitat creation, floating wetlands likely provide sanctuary and shelter for aquatic and avian species, including fish, birds and insects. The hope is they support a diverse range of wildlife, contributing to biodiversity conservation. Like a green roof, floating wetlands could also provide CO2 capture and produce oxygen, improving air quality.

MPRD and the Park West community benefit from the efforts of Clemson Extension’s stormwater management project at the pond. The natural buffer and floating wetlands support stormwater management and also a visually appealing, vibrant pond. The Recreation Department is also pleased sports fields are less apt to be invaded by geese!

For more information, please visit Clemson.edu/Extension/Water. To reach someone individually, click the Find Your Agent box on the webpage.
AQUATICS

The Mount Pleasant Recreation Aquatics Program provides a safe and inviting environment that is accessible to the community. All programs are designed to accommodate novice, intermediate and advanced swimmers, as well as individuals with varying levels of ability, knowledge and expertise.

GENERAL INFORMATION
Lap & Recreational Swimming
Check out the weekly pool schedule for daily lap and recreational swim times by visiting tompsc.com

Yearly Membership Fees
ANNUAL AQUATIC MEMBERSHIPS
Individual Membership $200/$350 (res/non-res)
Family Membership $400/$700 (res/non-res)

SWIM PASS
(Membership not required)
Check out the weekly pool schedule for daily lap and recreational swim times by visiting MtPleasantRec.com.

• Swim Pass (10 visits) $40/$80 (res/non-res)
• Senior Swim Pass (10 visits) $30/$60 (res/non-res)
• Daily Visit $5/$10 (res/non-res)

REGISTRATION INFORMATION

Refunds: A $10 processing fee will be charged for each approved refund request. Refund requests must be received up to five business days before the start date of the activity. Requests must be made by an adult 18 years or older.

Transfers: A $10 processing fee will be charged for all transfers. Transfer requests must be received up to three business days before the activity start date. No transfer requests will be honored after this time. Requests must be made by an adult 18 years or older.

Rained Out
Sign up to receive notification about pool closures and cancellations. Visit RainedOut.net and search for Mount Pleasant Recreation.

EVALUATIONS FOR SWIM LESSON SIGN-UP
New swimmers ages 5 and older who have not participated in any previous aquatic programs are encouraged to have their swim ability evaluated prior to signing up for our swim programs. Once evaluated, proper classes or programs are recommended: Beginner, Intermediate, Advanced, Stroke School, Minnows or Sharks. Evaluations takes 5-10 minutes. If you are not able to attend on these dates, you can contact the recreation specialist at either facility to schedule an evaluation.

MINNOWS
• Minnows is a monthly non-competitive developmental swim program that provides the opportunity for swimmers to improve their stroke technique and endurance in all four competitive swimming strokes.
• These intermediate swimmers improve rotary breathing, diving and stroke technique
• Participating swimmers must complete a swim test at the beginning of the program and be able to swim 25 yards Freestyle and 25 yards Backstroke.
• Evaluations Strongly Encouraged for first-time participants.
• Registration is first-come, first-served PER MONTH.

$50 resident/$80 non-resident monthly
Winter/Spring Season: 1/8 – 4/30

R.L. JONES POOL | MIN. 10 / MAX. 65

<table>
<thead>
<tr>
<th>AGES</th>
<th>FRIDAY</th>
<th>TIME</th>
<th>CODE</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 &amp; under</td>
<td>M/W</td>
<td>3:30 – 4:15 pm</td>
<td>312SWT003 &amp; 313SWT003</td>
</tr>
<tr>
<td>9+</td>
<td>T/TH</td>
<td>4:30 – 5:15 pm</td>
<td>312SWT009 &amp; 313SWT009</td>
</tr>
</tbody>
</table>

*No practice 1/15 MLK, 4/1 – 4/5 Spring Break

FACILITY INFORMATION
R.L. JONES CENTER POOL
391 Egypt Road
Phone: 843-884-2528
MON - THUR 7 am - 8:15 pm
FRI 7 am - 6:30 pm
SAT 8 am - 5 pm

PARK WEST POOL
1251 Park West Blvd., SUITE 102
Phone: 843-856-2536
CURRENTLY UNDER RENOVATION
MON - FRI 7 am - 3 pm
SAT 9 am - 1 pm
Lap Swim Only
SHARKS

- A monthly non-competitive pre-team stroke clinic focusing on general fitness and stroke technique for swimmers who may compete in other summer league, high school, or year-round swimming programs.
- Intermediate to advanced swimmers refine all four competitive strokes and work on starts, turns and building yardage.
- Swimmers must be able to proficiently swim 25 yards of four competitive strokes.
- Swimmers are encouraged to have their own fins for practice.
- Evaluations Strongly Encouraged for first-time participants.
- Registration is first-come, first-served PER MONTH.

R.L. JONES POOL | MIN 10 MAX 40

<table>
<thead>
<tr>
<th>AGES 12-18</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>T-F</td>
<td>2 – 3 pm</td>
</tr>
<tr>
<td>M-TH</td>
<td>6:30 – 7:30 pm</td>
</tr>
</tbody>
</table>

*No practice 1/15 MLK, 3/29, 4/6, 5/4, 6/3, 4/2-4/4, 5/18

R.L. JONES POOL | MIN 5 MAX 30

<table>
<thead>
<tr>
<th>AGES 8-16</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>F</td>
<td>5:30 – 6:30 pm</td>
</tr>
</tbody>
</table>

*No practice 4/5, 3/29

PALMETTO MASTERS

#322MAS001 & #323MAS001

- Open to adult swimmers interested in fitness and/or competitive swimming.
- Workouts tailored to individual fitness and competition goals.
- Competitions made available through the U.S. Masters Swimming organization.
- Emphasis placed on stroke technique and enjoyment of the sport.

$50 resident / $80 non-resident monthly
*Each swimmer is required to pay a USMS annual registration fee of $30 Winter/Spring Season: 1/3 – 5/31

R.L. JONES CENTER POOL

<table>
<thead>
<tr>
<th>AGES 18+</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>M – F</td>
<td>5:30 – 7 am</td>
</tr>
<tr>
<td>SAT</td>
<td>6:30 – 8 am</td>
</tr>
</tbody>
</table>

*No practice 1/15 MLK, 3/29

STARGUARD ELITE – CERTIFIED LIFEGUARD COURSE

This internationally recognized program helps individuals become certified in lifeguarding, basic first aid, basic life support, bloodborne pathogens, and emergency oxygen.

Course format/prerequisites:
- 15 years or older
- Online blended learning course must be completed prior to or on first day of the course.
- 3-day course – all days must be attended
- Classroom & pool setting – dress accordingly.
- Must pass pre-water screening:
  - Swim 50 yards without stopping
  - Swim 50 yards with rescue tube
  - Tread water for 1 min. without use of hands
  - Retrieve a 10-lb object from bottom of pool

Certifications are awarded on the last day of class, contingent upon successful completion of pre-course online/blended learning and in-person written and practical exam. Certifications are valid for 1 year.

$140 resident / $170 non-resident

SAFE SITTER

- Safe Sitter is a babysitting and safety training course devoted to preparing young adolescents for the responsibility of nurturing and protecting children.
- Students learn about babysitting as a business and how to become a successful.
- Students will experience introductory instruction in CPR, First Aid, childcare essentials, safety for the sitter, injury management, preventing problem behavior, and choking prevention.
- Materials will be supplied. Students should bring their own lunch, snack and drink.

$85 resident / $115 non-resident/class

SAFE @ HOME

Provides students with important safety training, helping prepare them to stay home alone. Students learn to practice safe habits, how to handle common household emergencies, and how to treat illnesses and emergencies. Note: Completing the program does not mean the student is ready to stay home alone. Only the student’s parents can make that decision, based on the age, maturity, skills, experience, and confidence level of their child.

$45 resident / $60 non-resident

PARK WEST ACTIVITY BIDG | MIN 5 MAX 15

<table>
<thead>
<tr>
<th>AGES 9-12</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>3/5</td>
<td>T</td>
</tr>
<tr>
<td>5/14</td>
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</tbody>
</table>

R.L. JONES POOL | MIN 5 MAX 10

<table>
<thead>
<tr>
<th>AGES 11-14</th>
<th></th>
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<tbody>
<tr>
<td>1/13</td>
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<tr>
<td>2/17</td>
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<tr>
<td>3/16</td>
<td>SAT</td>
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<tr>
<td>4/20</td>
<td></td>
</tr>
<tr>
<td>5/18</td>
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</tbody>
</table>

Certifications are valid for 1 year.

$100 Residents / $130 non-resident
### R.L. JONES CENTER

<table>
<thead>
<tr>
<th>DATES</th>
<th>ACTIVITY</th>
<th>TIME</th>
<th>COST</th>
<th>ACTIVITY #</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/5</td>
<td>StarTots Level 1 (ages 3-4)</td>
<td>3 – 3:30 pm</td>
<td>$35/$50</td>
<td>312TOT001-03</td>
</tr>
<tr>
<td>2/21</td>
<td>StarTots Level 2 (ages 3-4)</td>
<td>3 – 3:30 pm</td>
<td>$35/$50</td>
<td>312TOT001-07</td>
</tr>
<tr>
<td></td>
<td>Beginner (ages 5+)</td>
<td>5:15 - 5:45 pm</td>
<td>$40/$55</td>
<td>312BEG001-03</td>
</tr>
<tr>
<td></td>
<td>Intermediate (ages 5+)</td>
<td>5:15 - 5:45 pm</td>
<td>$40/$55</td>
<td>312INT001-03</td>
</tr>
<tr>
<td></td>
<td>Advanced (ages 5+)</td>
<td>5:45 - 6:15 pm</td>
<td>$40/$55</td>
<td>312ADV001-03</td>
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Make Up Lesson on 2/26

<table>
<thead>
<tr>
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<th>TIME</th>
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<tbody>
<tr>
<td>3/4</td>
<td>StarTots Level 1 (ages 3-4)</td>
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<td>$35/$50</td>
<td>312TOT001-01</td>
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<tr>
<td>3/20</td>
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<td>3 – 3:30 pm</td>
<td>$35/$50</td>
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<td>5:15 - 5:45 pm</td>
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<td>Intermediate (ages 5+)</td>
<td>5:15 - 5:45 pm</td>
<td>$40/$55</td>
<td>312INT001-01</td>
</tr>
<tr>
<td></td>
<td>Advanced (ages 5+)</td>
<td>5:45 - 6:15 pm</td>
<td>$40/$55</td>
<td>312ADV001-01</td>
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Make Up Lesson on 3/25

<table>
<thead>
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</tr>
</thead>
<tbody>
<tr>
<td>4/8</td>
<td>StarTots Level 1 (ages 3-4)</td>
<td>3 – 3:30 pm</td>
<td>$35/$50</td>
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<tr>
<td>4/24</td>
<td>StarTots Level 2 (ages 3-4)</td>
<td>3 – 3:30 pm</td>
<td>$35/$50</td>
<td>312TOT001-10</td>
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<td>Beginner (ages 5+)</td>
<td>5:15 - 5:45 pm</td>
<td>$40/$55</td>
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<td>Intermediate (ages 5+)</td>
<td>5:15 - 5:45 pm</td>
<td>$40/$55</td>
<td>312INT001-02</td>
</tr>
<tr>
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<td>Advanced (ages 5+)</td>
<td>5:45 - 6:15 pm</td>
<td>$40/$55</td>
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Make Up Lesson on 4/29

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>5/6</td>
<td>StarTots Level 1 (ages 3-4)</td>
<td>3 – 3:30 pm</td>
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<td>312TOT001-03</td>
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<tr>
<td>5/22</td>
<td>StarTots Level 2 (ages 3-4)</td>
<td>3 – 3:30 pm</td>
<td>$35/$50</td>
<td>312TOT001-11</td>
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<td></td>
<td>Beginner (ages 5+)</td>
<td>5:15 - 5:45 pm</td>
<td>$40/$55</td>
<td>312BEG001-03</td>
</tr>
<tr>
<td></td>
<td>Intermediate (ages 5+)</td>
<td>5:15 - 5:45 pm</td>
<td>$40/$55</td>
<td>312INT001-03</td>
</tr>
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<td>Advanced (ages 5+)</td>
<td>5:45 - 6:15 pm</td>
<td>$40/$55</td>
<td>312ADV001-03</td>
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Make Up Lesson on 5/29

### FRIDAY

<table>
<thead>
<tr>
<th>DATES</th>
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<th>COST</th>
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</tr>
</thead>
<tbody>
<tr>
<td>5/5</td>
<td>StarTots Level 1 &amp; 2 (3 &amp; 4 yrs)</td>
<td>3 – 3:30 pm</td>
<td>$35/$55</td>
<td>312TOT001-04</td>
</tr>
<tr>
<td>1/26</td>
<td>Beginner (5+ yrs)</td>
<td>3:30 - 4:15 pm</td>
<td>$35/$50</td>
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<tr>
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<td>Intermediate (5+ yrs)</td>
<td>3:30 - 4:15 pm</td>
<td>$40/$55</td>
<td>312INT001-04</td>
</tr>
<tr>
<td></td>
<td>Advanced (5+ yrs)</td>
<td>4:15 - 5 pm</td>
<td>$40/$55</td>
<td>312ADV001-04</td>
</tr>
<tr>
<td></td>
<td>Stroke School (ages 5+)</td>
<td>4:15 - 5 pm</td>
<td>$40/$55</td>
<td>312STR001-05</td>
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<table>
<thead>
<tr>
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<th>TIME</th>
<th>COST</th>
<th>ACTIVITY #</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/2</td>
<td>StarTots Level 1 &amp; 2 (3 &amp; 4 yrs)</td>
<td>3 – 3:30 pm</td>
<td>$35/$50</td>
<td>312TOT001-05</td>
</tr>
<tr>
<td>2/23</td>
<td>Beginner (5+ yrs)</td>
<td>3:30 - 4:15 pm</td>
<td>$35/$50</td>
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<tr>
<td></td>
<td>Intermediate (5+ yrs)</td>
<td>3:30 - 4:15 pm</td>
<td>$40/$55</td>
<td>312INT001-05</td>
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<tr>
<td></td>
<td>Advanced (5+ yrs)</td>
<td>4:15 - 5 pm</td>
<td>$40/$55</td>
<td>312ADV001-05</td>
</tr>
<tr>
<td></td>
<td>Stroke School (ages 5+)</td>
<td>4:15 - 5 pm</td>
<td>$40/$55</td>
<td>312STR001-05</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>DATES</th>
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<th>TIME</th>
<th>COST</th>
<th>ACTIVITY #</th>
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</thead>
<tbody>
<tr>
<td>3/1</td>
<td>StarTots Level 1 &amp; 2 (3 &amp; 4 yrs)</td>
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</tr>
<tr>
<td>3/22</td>
<td>Beginner (5+ yrs)</td>
<td>3:30 - 4:15 pm</td>
<td>$35/$50</td>
<td>312BEG001-05</td>
</tr>
<tr>
<td></td>
<td>Intermediate (5+ yrs)</td>
<td>3:30 - 4:15 pm</td>
<td>$40/$55</td>
<td>312INT001-04</td>
</tr>
<tr>
<td></td>
<td>Advanced (5+ yrs)</td>
<td>4:15 - 5 pm</td>
<td>$40/$55</td>
<td>312ADV001-04</td>
</tr>
<tr>
<td></td>
<td>Stroke School (ages 5+)</td>
<td>4:15 - 5 pm</td>
<td>$40/$55</td>
<td>312STR001-04</td>
</tr>
</tbody>
</table>

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<tr>
<th>DATES</th>
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<th>TIME</th>
<th>COST</th>
<th>ACTIVITY #</th>
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</thead>
<tbody>
<tr>
<td>4/12</td>
<td>StarTots Level 1 &amp; 2 (3 &amp; 4 yrs)</td>
<td>3 – 3:30 pm</td>
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<td>312TOT001-05</td>
</tr>
<tr>
<td>5/3</td>
<td>Beginner (5+ yrs)</td>
<td>3:30 - 4:15 pm</td>
<td>$35/$50</td>
<td>312BEG001-05</td>
</tr>
<tr>
<td></td>
<td>Intermediate (5+ yrs)</td>
<td>3:30 - 4:15 pm</td>
<td>$40/$55</td>
<td>312INT001-05</td>
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<tr>
<td></td>
<td>Advanced (5+ yrs)</td>
<td>4:15 - 5 pm</td>
<td>$40/$55</td>
<td>312ADV001-05</td>
</tr>
<tr>
<td></td>
<td>Stroke School (ages 5+)</td>
<td>4:15 - 5 pm</td>
<td>$40/$55</td>
<td>312STR001-05</td>
</tr>
</tbody>
</table>

### EVALUATIONS FOR SWIM LESSONS

**SIGN-UP**

New swimmers ages 5 and older who have not participated in any previous aquatic programs are encouraged to have your child swim ability evaluated prior to signing up for our swim programs. Once evaluated, the proper class or program will be recommended to you: Beginner, Intermediate, Advanced, Stroke School, Minnows, & Sharks.

Evaluations takes 5-10 minutes. If you are not able to attend on these dates, you can contact the recreation specialist at either facility to schedule an evaluation.

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**MTPLEASANTREC.COM WINTER/Spring 2024**
IN MOTION  MOUNT PLEASANT RECREATION MAGAZINE  | 15

R.L. JONES CENTER
SATURDAY

Make Up Lesson on 2/3

PARK WEST POOL
CLOSED FOR RENOVATIONS
CLOSED TO THE PUBLIC

GROUP SWIM LESSON LEVELS

STAR TOTS LEVEL 1 – AGES 3-4
Introduction to water, submersion, & motor skills

STAR TOTS LEVEL 2 – AGES 3-4
Progression of motor skills and submersion, comfortability

BEGINNER – AGES 5+
Introduction to water, submersion, & motor skills

INTERMEDIATE – AGES 5+
Progression of motor skills, submersion and forward progression unassisted

ADVANCED – AGES 5+
Progression and passing of Advanced, learning strokes and working on technique in freestyle and backstroke

STROKE SCHOOL – AGES 5+
Progression and passing of Advanced, learning strokes and working on technique in freestyle and backstroke

PRIVATE SWIM LESSONS

30 MINUTES | ALL AGES | R.L. JONES

Make Up Lesson on 3/9

POOL PARTY RENTALS

ALL AGES
Host a party at the R.L. Jones Center Pool. Rentals are offered in 2 hr increments from 1 – 4 pm on Saturdays at both locations. Based on availability. Renters are required to fill out a facility and pool rental contract request form in person prior to booking the party and must pay a $100 deposit at that time. Please visit the front desk at one of our aquatic facilities to schedule your party.
## AQUATIC EXERCISE CLASSES

**R.L. JONES CENTER**

### ADVANCED WATER FITNESS

Come experience a total body workout in this advanced deep-water class that includes cardio, core and muscle strengthening exercises. Plus, you'll get great stretching activities too.

**Instructors:** Judy Hammett/Diane Hoffman

### BETTER BALANCE AND JOYFUL JOINTS

This circuit class utilizes hand bells & noodles. There is a short warm up & cool down. Improve your strength, range of motion and balance. Beginners are welcome.

**Instructor:** Andrea Richards

### WATER AEROBICS

Low-impact water exercises during this class are a great way to achieve a well-balanced water workout. You’ll do shallow water routines that increase your cardiovascular endurance along with deep water routines that will strengthen your muscles and improve your overall coordination.

**Instructor:** Susan Hillyer

### POWER AQUATICS

Try out this high-intensity water workout burns calories and helps you tone your body and create muscle definition. Just hit the pool for this ultimate arm and leg workout where you will use noodles to stay in shape.

**Instructor:** Amy Parker

<table>
<thead>
<tr>
<th>ALL AGES</th>
<th>M/W/F</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 – 11 am</td>
<td></td>
</tr>
</tbody>
</table>

### AQUATIC PERSONAL TRAINING

Whether you are a beginner or a serious athlete, this personalized training can help you achieve your goals. You will get a balanced and enjoyable workout created just for you. Aquatic equipment may be used. This option is excellent for anyone who wants cross training or fitness goal planning assistance.

**Please call 843-884-2528 ext. 114 to schedule personal training and rehabilitation sessions.**

**Instructor:** Amy Parker

<table>
<thead>
<tr>
<th>All Ages</th>
<th>M/W/F</th>
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</thead>
<tbody>
<tr>
<td>10 – 11 am</td>
<td></td>
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</tbody>
</table>

### AQUATIC REHABILITATION

This aquatic option is for anyone seeking gentle, progressive water exercises to ease their pain and help them return to regular daily physical activities. Aquatic rehabilitation is also good for anyone who is unable to participate in typical land-based exercise classes due to a recent surgery, an acute orthopedic or neuromuscular injury, a rheumatic disease, or a neurological impairment.

**Please call 843-884-2528 to schedule personal training and rehabilitation sessions.**

**Instructor:** Amy Parker

<table>
<thead>
<tr>
<th>All Ages</th>
<th>M/W/F</th>
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</thead>
<tbody>
<tr>
<td>11 am – 12 pm</td>
<td></td>
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</table>

### S’WET

Sculpt your body with this invigorating, refreshing water workout blending cardio and body-toning, while easing into exercises using your own body weight in the water.

**Instructor:** Janet Brown

### AQUA FUSION

Medium impact cardio and extending exercises builds muscle, improves balance and burns calories. This deep-water workout can help reduce stress on your joints and muscles too.

**Instructor:** Susan Landon

### AQUA FITNESS

Complete shallow & deep-water workout with focus on strength, flexibility, balance and cardio. Resistance equipment provided. Appropriate swim and footwear highly recommended.

**Instructor:** Randy R.

### DISCOVER SCUBA

Intro to scuba: dive theory, gear operation, dive skills & hand signals. NO certification. Gear supplied. Required medical form & waiver.

- Dates: 12/9, 1/13, 2/10, 3/9, 4/13, 5/4
- $150 resident/$180 nonresident/session

**R.L. JONES CENTER POOL / MIN 4 MAX 8**

### AGES 10-80

<table>
<thead>
<tr>
<th>Ages 10-80</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 – 4 pm</td>
<td>312SCU001</td>
</tr>
</tbody>
</table>
Health, wellness, educational & social activities

FOR AGES 50+

Amenities include:
- Fitness room
- Aerobics room
- Café
- Screened porch
- Card room
- Educational room
- Library
- Arts & crafts room
- Therapeutic healing garden

Join us!
Mount Pleasant Senior Center
840 Von Kolnitz Road, Mount Pleasant, SC 29464
MtPleasantRec.com/seniorcenter | 843-856-2166
A. **CHERYLL WOODS-FLOWERS (PATRIOTS POINT) SOCCER COMPLEX**
   85 Patriots Point Blvd.
   5 lighted soccer fields & playground

B. **TOWN HALL COMPLEX**
   100 Ann Edwards Lane
   2 Basketball Courts, 4 Volleyball Courts,
   4 Pickleball Courts, Locker Rooms,
   Outdoor Track, Football/Lacrosse Fields

C. **REMLEY’S POINT COMMUNITY CENTER**
   363 6th Ave. (off Mathis Ferry Road)
   843-849-2059
   Activity building, playground & outdoor
   lighted basketball court
   Hours: Mon-Fri  3 pm-6 pm
   (Summer 11 am-3:30 pm)
   Sat 11 am-3:30 pm

D. **GREENHILL PARK COMMUNITY CENTER**
   707 York St. (off Mathis Ferry Road)  843-856-2172
   Activity building, playground & outdoor
   lighted basketball court
   Hours: Mon-Fri  3 pm-6 pm
   (Summer 11 am-3:30 pm)
   Sat 11 am-3:30 pm

E. **THOMASENA STOKES-MARSHALL SENIOR SERVICES CENTER**
   840 Von Kolnitz Road (off Mathis Ferry Road)  843-856-2166
   Fitness room, exercise classrooms, yoga
   room, card room, library, serenity garden,
   member lounge & café, fitness classes,
   social and educational programs for
   seniors
   Hours: Mon-Thur  6 am-7 pm
   Fri 6 am-6 pm
   Sat 6 am-1 pm Sunday Closed

F. **WANDO SOUTH BASEBALL FIELD**
   1536 Mathis Ferry Road (at Whipple Road)
   Lighted baseball, plus 2 batting tunnels

G. **MOUNT PLEASANT (MUGSY KERR) TENNIS COMPLEX**
   889 Whipple Road  843-856-2162
   12 hard courts, 4 clay courts lighted,
   playground & baseball/multi-purpose field.
   Hours: Mon-Thur  9 am-9 pm
   Fri 9 am-5 pm Sat 8 am-12 noon
   Sun Noon-5 pm

H. **KEARNS PARK**
   Etiwan Pointe Drive-Passive Park

I. **MOULTRIE MIDDLE SCHOOL**
   645 Coleman Blvd.
   Lighted football/soccer field/gym

J. **R.L. JONES CENTER/JIMMY SEIGNIOUS FIELDS**
   391 Egypt Road  843-884-2528
   25 yard indoor heated pool/locker rooms; gym, activity rooms,
   supervised skate park, lighted
   batting tunnels, playground, softball
   & athletic fields Hours: Mon-Thur 7
   am-8:00 pm
   Fri 7 am-6:30 pm
   Sat 9 am-5 pm
   Sunday Closed

K. **MIRIAM BROWN COMMUNITY CENTER**
   118 Royall Ave.  843-881-7386
   Activity building, playground, lighted
   outdoor basketball/pickleball court
   Same center hours as Remley's Point (C)
   and Greenhill (D).

L. **G.M. DARBY BUILDING**
   302 Pitt St.  843-849-2061
   Music & art activity rooms, stage &
   performance area
   Hours: Mon-Fri  8:30 am-5 pm
TO ISLE OF PALMS

All MPRD facilities are under the jurisdiction of the Mount Pleasant Police Department and the codes and ordinances of the Town of Mount Pleasant.

PARK WEST POOL
843-856-2536
Hours: Mon-Thur 7 am-8:15 pm
Fri 7 am-6:30 pm
Sat 8 am-5 pm Sunday Closed

U. THOMAS C. CARIO MIDDLE SCHOOL
350 Thomas Cario Blvd.
Lighted multi-purpose fields/gym

V. CAROLINA PARK RECREATION COMPLEX
1620 Ben Marino Way (Off Faison Road)
4 lighted multi-purpose fields

W. WANDO HIGH SCHOOL
1000 Warrior Way

X. LAING MIDDLE SCHOOL GYM
2705 Bulrush Basket Lane

Y. WHITEHALL TERRACE COMMUNITY CENTER
3685 Tower Drive

Z. FUTURE RIFLE RANGE ROAD PARK

AA. MATHIS FERRY ROAD PARK
96-foot walking trail and pond

AB. MEMORIAL WATERFRONT PARK
Fishing pier, visitor’s center, Sweetgrass Pavilion, playground, grand event lawn

AC. SHEM CREEK PARK
Shrimp Boat Lane
3100-foot boardwalk along Shem Creek with pier heads and interpretative trail

AD. PATRIOTS POINT NATURE TRAIL
Patriots Point Blvd.
1 mile nature trail with observation deck

AE. HAMLIN INTERPRETIVE TRAIL
Old Marsh Pkwy.
2,544 feet boardwalk/nature trail

AF. FORT PALMETTO PARK
Oyster Point off Rifle Range Road
Nature trails, historical site, observation deck

AG. WHIPPLE ROAD TRAIL
2,899-foot asphalt trail

AH. PHILLIP SIMMONS COMMUNITY DOCK
625-foot dock

PARK WEST PROGRAM BUILDING
843-856-2196
Mon-Fri 8:30 am-5 pm

PARK WEST GYM
843-856-6076
Building hours vary depending on season. 2 basketball courts, 2 volleyball courts, 6 pickleball courts
MEMBERSHIP OPTIONS

*This fee applies to USTA spring, mixed doubles, combo doubles, singles and fall leagues.

Call the Tennis Center at 843-856-2162

SPRING SEASON: January 8 – May 23
Call (843) 856-2162 to reserve a space in all clinics!

DRILL & PLAY CLINIC
Perfect for beginners and seasoned players. Fine-tune your strokes and exercise. Led by MPRD Tennis Pros, the clinics take small groups through drills and situational match play. Participants often find this is a great place to meet other players who become hitting partners and USTA teammates.

MOUNT PLEASANT TENNIS COMPLEX
Dates/Times: Tues & Thurs 6 – 7 pm

CARDIO TENNIS
Sixty-minute conditioning class that helps take your game to the next level. Enjoy heart pumping music while hitting a ton of balls.

MOUNT PLEASANT TENNIS COMPLEX
Dates/Times: Mon & Wed 6 – 7 pm, Thurs 7:45 – 8:45 am

PRIVATE TENNIS LESSON RATES
- Private tennis lessons are available with head Tennis Professional Clay Maynor or staff Tennis Pros Tim Kealy, Bradley Drummond, Rich Shy, Chris Waters, Mike Santa Lucia and Jim Purdom
- Lessons can be purchased individually or in a package.
- Contact the Tennis Center at 843-856-2162 for more information.

MEMBERSHIP TYPE | RESIDENT FEE | NON-RESIDENT FEE
--- | --- | ---
Adult annual membership (ages 18-54) | $135 | $306
Senior annual membership (ages 55+) | $95 | $251
Family annual membership (all family members) | $250 | $476
USTA League seasonal membership per season | $50* | $90*

LESSON TYPE | RESIDENT FEE | NON-RESIDENT FEE
--- | --- | ---
30 minutes | $30 | $45
45 minutes | $45 | $60
60 minutes | $60 | $90
45 minutes / 2 players | $50 | $80
60 minutes / 2 players | $65 | $95
Package of (4) - 30 minutes | $110 | $140
Package of (4) - 45 minutes | $165 | $195
Package of (4) - 60 minutes | $220 | $250
Package of (8) - 60 minutes | $400 | $430

PERCLINIC$15 RESIDENTS / $30 NON-RESIDENTS

7 CLINIC PLAYERS PACKAGE $90 RESIDENTS / $120 NON-RESIDENTS

Players Package applies to Spring Session for Drill and Play only. Expires 5/23/24

SENIOR MEN’S & WOMEN’S TENNIS PROGRAM
- Senior Men’s and Women’s Tennis Program
- This long-running popular program is open to all seniors.
- Senior men and women play at the Mount Pleasant Tennis Complex on Whipple Road.
  - Senior Men: Every M, TH, F morning.
  - Senior Women: Every M, W, F morning.
- This program provides senior players the opportunity to play regularly for recreation, exercise and fellowship.
- A Mount Pleasant Tennis Center Senior Annual Membership is required.

Contact the Tennis Center at 843-856-2162 for more information.
JUNIOR TENNIS CLINICS

MPRD tennis professionals focus on fundamental stroke development and introduction of rules and scoring while strongly emphasizing sportsmanship. With this foundation, our Junior players experience match play quickly. As players progress, competition and strategy are stressed, preparing players for USTA tournaments and scholastic teams.

RED — AGES 4-7
Low compression red balls, 19/23” racquets, 36” courts and 33” nets are utilized to allow players to rally, quickly creating the optimal teaching environment.

ORANGE — Ages 8-10
Low Compression orange balls, 23/25” racquets, 60” courts and 36” nets allow for proper stroke development.

GREEN — Ages 10-16
Low compression green balls, regulation racquets, court dimensions and nets are utilized to enable players to sustain rallies.

YELLOW — Ages 10-16
This group consists of Green and Yellow. Both groups meet for 90 minutes. Fitness, drilling and match play are emphasized.

SPRING 2024 SESSION

MPRD tennis professionals focus on fundamental stroke development and introduction of rules and scoring while strongly emphasizing sportsmanship. With this foundation, our Junior players experience match play quickly. As players progress, competition and strategy are stressed, preparing players for USTA tournaments and scholastic teams.

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Low compression red balls, 19/23” racquets, 36” courts and 33” nets are utilized to allow players to rally, quickly creating the optimal teaching environment.

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YELLOW — Ages 10-16
This group consists of Green and Yellow. Both groups meet for 90 minutes. Fitness, drilling and match play are emphasized.
# MOUNT PLEASANT TENNIS COMPLEX

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<tr>
<th>DATES</th>
<th>ACTIVITY CODE</th>
<th>LEVEL</th>
<th>AGE</th>
<th>TIME</th>
<th>DAY</th>
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SPONSORSHIP

Reach and support your community!

Contact Danny at DJohnson@tompse.com
## Youth Programs

### Kids in-Motion

**Formerly Mom’s Morning Out**

**2024 – 2025 School Year**

Children enjoy art projects, creative centers, stories, music, learning letters & numbers, building relationships, and developing social skills. Weekly activities include gymnastics, swimming &/or music. Children must be potty-trained, be age 3 as of 9/1/24, and pack lunch daily. Runs in accordance with CCSD and Town holiday schedules. First month’s tuition due as deposit and is nonrefundable/nontransferable.

*Friday, 8/16, Meet the Teacher Open House from 10 – 11 am.

**Program Details**

**PARK WEST PROGRAM BUILDING**

**Min 7 Max 12**

**#510MM001-01**

<table>
<thead>
<tr>
<th>Age 3-4</th>
<th>8/19 – 5/23</th>
<th>9:30 am – 12:30 pm</th>
<th>M/W/F</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>8/20 – 5/22</td>
<td>9:30 am – 12:30 pm</td>
<td>T/TH</td>
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</table>

$190 resident/$220 nonresident/8 payments

**KIDSGROW**

**2024 – 2025 School Year**

Children interact through daily schedules including circle time, educational work, arts & crafts, learning centers. Weekly activities include gymnastics and swimming. Children must be potty-trained, be age 3 as of 9/1/24, and pack lunch daily. Runs in accordance with CCSD and Town holiday schedules. First month’s tuition due as deposit and is nonrefundable/nontransferable.

*Friday, 8/16, Meet the Teacher Open House from 10 – 11 am.

**Instructor:** Amy Cantey

**Program Details**

**R.L. JONES CENTER**

**MIN 10 MAX 16**

**#510KID001-01**

<table>
<thead>
<tr>
<th>Age 3-4</th>
<th>8/19 – 5/23</th>
<th>9 am – 12:30 pm</th>
<th>M/W/F</th>
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<tbody>
<tr>
<td></td>
<td>8/20 – 5/22</td>
<td>9 am – 12:30 pm</td>
<td>T/TH</td>
</tr>
</tbody>
</table>

$190 resident/$220 nonresident/8 payments

### Fishing

**Charlie’s Anglers**

Learn to fish in the Lowcountry. All Supplies provided. The last session is held at Shem Creek Pier. Casting lines for a REEL good time!

**Instructor:** Kaitlyn Whitley

- $200 resident/$230 nonresident/session

**Program Details**

**G.M. Darby Building | Min 8 Max 18**

<table>
<thead>
<tr>
<th>Age 5-9</th>
<th>2/7 – 2/28</th>
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<td>3/6 – 3/27</td>
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<td>4/10 – 5/1</td>
<td>#513EDU027-02</td>
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<tr>
<td></td>
<td>5/8 – 5/29</td>
<td>#513EDU027-03</td>
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### For the Active

**Baton Twirling**

Baton twirling is an excellent way to develop hand-eye coordination, rhythm, gracefulness, self-discipline, and overall body coordination. Students learn beginner baton twirling skills and a routine to perform for their family and friends at the conclusion of the session. Comfortable clothing and tennis shoes required.

*Students receive a shiny new baton to hone their new craft.*

**Instructor:** Carson King

- *No class 2/19, 4/1
- $285 resident/$315 nonresident or

**Program Details**

**R.L. Jones Center | Min 6 Max 15**

<table>
<thead>
<tr>
<th>Age 4-8</th>
<th>1/22</th>
<th>6 – 6:45 pm</th>
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<tbody>
<tr>
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<td>5/20</td>
<td>6:45 – 7:30 pm</td>
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</table>

<table>
<thead>
<tr>
<th>Age 9-13</th>
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</table>

**Program Payment Policy**

All payments are due at the first class of the month. This for all payments—monthly, installments and paying entire amount. Registration is required for each session attending.
### Super Powerkids

There's nonstop movement and gymnastics skills in this class using trampolines, tents, tunnels, mats and more.

- **Instructor:** Kaylie Penninger

<table>
<thead>
<tr>
<th>R.L. Jones Center</th>
<th>Min: 8 Max: 15</th>
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<tr>
<td>1/11 – 3/14</td>
<td>4-4:45 pm TH</td>
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<td>#512ATH006-01</td>
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### Gymnastics

Children receive a semester of tumbling, parallel bars, balance beam, and mini tramp under expert direction. Advanced Beginner/Intermediate level can do cartwheels, handstands, back bends, and is familiar with bars and balance beam.

- **Instructor:** Jan Buckheister

<table>
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<td><strong>5 – 6 pm</strong></td>
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### Cheernastics

Students are taught instructional lessons in all aspects of cheerleading, including dance, gymnastics, and stunts.

- **Instructor:** Kaylie Penninger

<table>
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<tr>
<th>R.L. Jones Center</th>
<th>Min: 6 Max: 15</th>
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### All Star GYMNASTICS

Learn basic tumbling skills, beam and springboard through progressions designed to build strength, flexibility, balance, coordination, and endurance. The Last class is the SHOWCASE, and the children receive a medal.

- **Instructor:** Rebecca Bott, Stretch-n-Grow Staff, stretchngrowcharleston@gmail.com

<table>
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<tr>
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### All Star Cheer and Tumbling

Develop talent, coordination, skills, and self-esteem. Learn cheers, chants, motions, jumps, spirit dances, and tumbling. Pep rally at end of session.

- **Instructor:** Rebecca Bott, Stretch-n-Grow Staff, stretchngrowcharleston@gmail.com

<table>
<thead>
<tr>
<th>Park West Program Building</th>
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</tr>
<tr>
<td>1/9 – 3/5</td>
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</tr>
<tr>
<td>#512ATH038-01</td>
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</tr>
<tr>
<td><strong>Ages:</strong> 3-5 (Beg)</td>
<td><strong>3:15 – 4 pm</strong></td>
</tr>
<tr>
<td>#512ATH038-02</td>
<td></td>
</tr>
<tr>
<td><strong>Ages:</strong> 6-8 (Beg/Adv/Beg)</td>
<td><strong>4 – 5 pm</strong></td>
</tr>
<tr>
<td>#512ATH038-03</td>
<td></td>
</tr>
</tbody>
</table>

### Yoga Stars

With our engaging weekly sessions, our Stars explore simple yoga poses with songs, props, and stories. Our creative curriculum has your Yoga Stars increasing their endurance, concentration, and confidence!

- **Instructor:** Rebecca Bott, Stretch-n-Grow Staff, stretchngrowcharleston@gmail.com

<table>
<thead>
<tr>
<th>Park West Program Building</th>
<th>Min: 6 Max: 12</th>
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</thead>
<tbody>
<tr>
<td><strong>Ages:</strong> 3-6</td>
<td><strong>10 – 10:45 am</strong></td>
</tr>
<tr>
<td>1/11 – 3/7</td>
<td></td>
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<tr>
<td>#512ATH004-01</td>
<td></td>
</tr>
<tr>
<td>3/14 – 5/16</td>
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<tr>
<td>#512ATH004-01</td>
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</tbody>
</table>

| **Ages:** 3-4             | **5:15 – 6 pm** |
| 1/11 – 3/7                |                 |
| #512ATH004-02             |                 |
| 3/14 – 5/16               |                 |
| #512ATH004-02             |                 |

| **Ages:** 5-8             | **6 – 6:45 pm** |
| 1/11 – 3/7                |                 |
| #512ATH004-03             |                 |
| 3/14 – 5/16               |                 |
| #512ATH004-03             |                 |

### Park West Program Building

<table>
<thead>
<tr>
<th><strong>Ages:</strong> 5-10</th>
<th><strong>5:30 – 6:15 pm</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>1/9 – 3/5</td>
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<tr>
<td>#512ATH033-01</td>
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<tr>
<td>3/12 – 5/14</td>
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<td>#512ATH033-01</td>
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</tbody>
</table>
HAPPYFEET SOCCER – “STORYTIME WITH A SOCCER BALL”

HappyFeet is a new and exciting soccer program specifically designed to encourage the rapidly developing imagination of preschoolers. Class curriculum uses popular stories, songs, nursery rhymes, adventures, and fun games to teach young players real soccer skills and inspire a love of physical fitness.

Jacqueline Cooper, HappyFeet Soccer
Instructors: jackie@happyfeetcharleston.com
• No class 1/15
• $129 resident/$159 nonresident

PARK WEST MULTI-PURPOSE FIELD (NEXT TO GYM) MIN 7 / MAX 30

<table>
<thead>
<tr>
<th>Ages 2-4</th>
<th>1/9 – 2/13</th>
<th>4 – 4:45 pm</th>
<th>T</th>
<th>#512ATH008-02</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/20 – 3/26</td>
<td>4 – 4:45 pm</td>
<td>T</td>
<td>#512ATH008-04</td>
<td></td>
</tr>
<tr>
<td>4/16 – 5/21</td>
<td>4 – 4:45 pm</td>
<td>T</td>
<td>#513ATH008-02</td>
<td></td>
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</table>

G.M. DARBY BUILDING

<table>
<thead>
<tr>
<th>Ages 6-12</th>
<th>1/11 – 2/15</th>
<th>3:15 – 4 pm</th>
<th>TH</th>
<th>#512ATH008-05</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/22 – 3/28</td>
<td>3:15 – 4 pm</td>
<td>TH</td>
<td>#512ATH008-08</td>
<td></td>
</tr>
<tr>
<td>4/18 – 5/23</td>
<td>3:15 – 4 pm</td>
<td>TH</td>
<td>#513ATH008-04</td>
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</tbody>
</table>

TOWN HALL TRACK FIELD

<table>
<thead>
<tr>
<th>Ages 5-9</th>
<th>1/8 – 2/19</th>
<th>4 – 4:45 pm</th>
<th>M</th>
<th>#512ATH008-06</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/19 – 4/8</td>
<td>4 – 4:45 pm</td>
<td>M</td>
<td>#512ATH008-07</td>
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</tr>
<tr>
<td>4/15 – 4/20</td>
<td>4 – 4:45 pm</td>
<td>M</td>
<td>#513ATH008-06</td>
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</tbody>
</table>

TAE KWON DO

Training emphasizes stretching, mild running, forms, 3 step sparring, freestyle non-contact sparring and self-defense techniques.
• $120 resident/$150 nonresident/3 month session
Instructor: Hannes Greim, 6th degree black belt

R.L. JONES CENTER

| Ages 6-12 | January - March | 6 – 7 pm | W |
| --- | #512ATH002-01 | 1/9 – 2/26 |
| April - June | 6 – 7 pm | W |
| #513ATH002-01 | 2/26 – 5/23 |

KARATE FOR BEGINNERS

Learn the positive benefits of self-discipline, gain confidence, develop coordination, and increase strength and flexibility. Learn various self-defense techniques. Uniform provided.
Instructor: Master Glenn Arnold, Mount Pleasant Karate
• $110 resident/$140 resident

PARK WEST PROGRAM BUILDING MIN 10 MAX 25

<table>
<thead>
<tr>
<th>Ages 5-9</th>
<th>1/8 – 2/5</th>
<th>6 – 7 pm</th>
<th>M</th>
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<tbody>
<tr>
<td>#512ATH032-01</td>
<td>#512ATH032-02</td>
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<tr>
<td>2/19 – 3/11</td>
<td>#513ATH032-01</td>
<td></td>
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</tr>
<tr>
<td>4/8 – 4/29</td>
<td>#513ATH032-01</td>
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*No class 1/15 (MLK Day)*

YOUTH FENCING FOR BEGINNERS

Learn the art of fencing for beginners. Be a part of a physically and mentally challenging sport.
Instructor: Patrick Lausi
• $100 resident/$130 nonresident—includes gear

G.M. DARBY BUILDING MIN 6 MAX 12

<table>
<thead>
<tr>
<th>Ages 9+</th>
<th>1/9 – 2/6</th>
<th>4 – 5 pm</th>
<th>T</th>
</tr>
</thead>
<tbody>
<tr>
<td>#512ATH042-01</td>
<td>#512ATH042-02</td>
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</tbody>
</table>

YOUTH FENCING FOR ADVANCED PARTICIPANTS

Participants must have previous fencing experience, all their own equipment, and be in good physical shape. Gear NOT included.
Instructor: Patrick Lausi
• No class 4/2
• $200 resident/$230 nonresident

G.M. DARBY BUILDING MIN 6 MAX 16

<table>
<thead>
<tr>
<th>YOUTH FOIL FENCING • AGES 9-14</th>
<th>1/9 – 2/23</th>
<th>5 – 6 pm</th>
<th>T</th>
</tr>
</thead>
<tbody>
<tr>
<td>#512ATH041-01</td>
<td>#512ATH041-02</td>
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</table>

CADET FOIL FENCING • AGES 13-17

<table>
<thead>
<tr>
<th>1/9 – 2/23</th>
<th>6 – 7:30 pm</th>
<th>T</th>
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<tbody>
<tr>
<td>#512ATH041-04</td>
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</table>

FENCING PRIVATE LESSONS

Ages 9+
One-on-one instruction of the skills and techniques for the Olympic sport of fencing
Instructor: Patrick Lausi
• $140 res/$170 nonres/ 4 lesson pass
• G. M. Darby Building

DOUBLE DUTCH JUMP ROPE

A team sport for both girls and boys teaching sportsmanship and teamwork. No experience necessary. Tennis shoes required.
Instructor: MPRD instructors
• Free Program

R.L. JONES CENTER GYM

<table>
<thead>
<tr>
<th>Ages 4-12</th>
<th>10/4 – 5/24</th>
<th>1:30 – 2:30 pm</th>
<th>W</th>
</tr>
</thead>
</table>

In Motion
Mount Pleasant Recreation Magazine
Winter/Spring 2024
AFTER SCHOOL KIDS’ GOLF

Boys and girls focus on golf fundamentals and building a love of the game. Golf clubs are welcome but not necessary.
Instructor: Wright Blanchard and Charleston National Staff
• $219 resident/$249 non-resident

CHARLESTON NATIONAL GOLF COURSE
MIN 10  MAX 20  |  #513ATH007-01

<table>
<thead>
<tr>
<th>AGES 4-14</th>
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</thead>
<tbody>
<tr>
<td>4/11 – 5/2 4 – 6 pm TH</td>
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</tbody>
</table>

CHILDREN’S DANCE

Fast paced, creative and fun ballet, tap, and jazz class. Improve coordination and rhythm while learning the beginning steps of ballet, tap, and jazz with short combinations to upbeat expressive music. Ballet and tap shoes, leotard, and tights required.
Instructor: Lani Harbit, Carolina Dance Arts Instructor, carolinadancearts@gmail.com
• No class 4/3
• $165 resident/$195 nonresident per session

PARK WEST PROGRAM BUILDING
MIN 6  MAX 12

<table>
<thead>
<tr>
<th>AGES 3-4</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/10 – 3/6 #512DAN015-01 3:45 – 4:30 pm W</td>
</tr>
<tr>
<td>3/13 – 5/15 #513DAN015-01</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>AGES 5-8</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/10 – 3/6 #512DAN015-02 4:30 – 5:15 pm W</td>
</tr>
<tr>
<td>3/13 – 5/15 #513DAN015-02</td>
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</tbody>
</table>

BEGINNERS BALLET

Introduce your little dancer to the beautiful art of ballet! This class will enhance your child’s coordination, balance and flexibility with the teaching of basic ballet positions, steps, and terminology.
Instructor: Layna Sargent
• $170 resident/$200 nonresident

DANCE

DANCE STARS

Learn the fundamentals of ballet and jazz while developing grace, coordination, and balance. Our imaginative and engaging classes create twirling, self-expressive machines! Recital last class, with free tutu! Ballet shoes required.
Rebecca Bott, Stretch-n-Grow, stretchngrowcharleston@gmail.com
• No class 4/4
• $145 resident/$175 nonresident per session

PARK WEST PROGRAM BUILDING
MIN 6  MAX 14

<table>
<thead>
<tr>
<th>AGES 3-4</th>
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<tbody>
<tr>
<td>1/11 – 3/7 #512DAN005-01 3:45 – 4:30 pm TH</td>
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<tr>
<td>3/14 – 5/16 #513DAN005-01</td>
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<table>
<thead>
<tr>
<th>AGES 5-8</th>
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<tbody>
<tr>
<td>1/11 – 3/7 #512DAN005-02 4:30 – 5:15 pm TH</td>
</tr>
<tr>
<td>3/14 – 5/16 #513DAN005-02</td>
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</tbody>
</table>

DANCE WITH MS. TINA

Children enjoy the art of dance with this tap/ballet/jazz combination class. Participants learn exciting dance routines with a focus on technique and creative movement in each style of dance. Leotard, tights, tap shoes and ballet slippers are required.
Instructor: Tina Penninger
• $150 resident/$180 nonresident

R.L. JONES CENTER
MIN 6  MAX 12

<table>
<thead>
<tr>
<th>AGES 5-8</th>
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</thead>
<tbody>
<tr>
<td>2/1 – 3/21 #512DAN006-02 4 – 4:45 pm TH</td>
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<table>
<thead>
<tr>
<th>AGES 3-4</th>
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</thead>
<tbody>
<tr>
<td>2/1 – 3/21 #512DAN006-01 4:45 – 5:30 pm TH</td>
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</table>

THE GIGGLING ARTIST!

After School with Back Porch Art
Children create seasonal art and learn about famous artists in fun, imaginative ways using a variety of media. Each session includes different and unique projects.
Instructor: Diana Connors
www.backporchartcharleston.com
• $95 residents/$125 nonresidents

G.M. DARBY BUILDING
MIN 5  MAX 25

<table>
<thead>
<tr>
<th>AGES 5-8</th>
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</thead>
<tbody>
<tr>
<td>1/22 – 2/12 #512ART001-02</td>
</tr>
<tr>
<td>2/26 – 3/18 #512ART001-04</td>
</tr>
<tr>
<td>4/8 – 4/29 #513ART001-02</td>
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</table>

<table>
<thead>
<tr>
<th>AGES 3-4</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/23 – 2/13 #512ART001-01</td>
</tr>
<tr>
<td>2/27 – 3/19 #512ART001-05</td>
</tr>
<tr>
<td>4/9 – 4/30 #513ART001-01</td>
</tr>
</tbody>
</table>

ART

PARK WEST PROGRAM BUILDING
MIN 5  MAX 25
**DRAWING TO LEARN**
Participants learn the foundations of drawing lines, shapes, and composition.

**Instructor:** Teresa Wooten  
• $90 resident/$120 nonresident

<table>
<thead>
<tr>
<th>G.M. DARBY BUILDING</th>
<th>MIN 6 MAX 12 AGES 7-12</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/12 – 1/26</td>
<td>4/30 – 6 pm F</td>
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<tr>
<td>#512ART004-01</td>
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<tr>
<td>4/12 – 4/26</td>
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<td>#513ART004-01</td>
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</table>

**DRAWING AND PAINTING**
This class puts an emphasis on how to turn drawings into paintings.

**Instructor:** Teresa Wooten  
• $90 resident/$120 nonresident

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<thead>
<tr>
<th>G.M. DARBY BUILDING</th>
<th>MIN 5 MAX 12 AGES 7-12</th>
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</thead>
<tbody>
<tr>
<td>2/2 – 3/8</td>
<td>4:30 – 6 pm F</td>
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<tr>
<td>#512ART002-01</td>
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</table>

**SCIENCE**

**STEAM EXPLORERS**
Participants have a STEAM-tastic time as they experience a taste of all that STEAM offers. Explorers safely conduct experiments using scientific tools. They program robots and complete engineering challenges utilizing various materials to discover, design, and build. Children use their artistic and creative abilities to explore the world and understand the science!

**Instructor:** Eva Stratos  
• lowcountrygiftedminds@gmail.com  
• $125 resident/$155 nonresident

<table>
<thead>
<tr>
<th>PARK WEST PROGRAM BUILDING</th>
<th>MIN 6 MAX 18 GRADES 1-5</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/26–3/25</td>
<td>4 – 5 pm M</td>
</tr>
<tr>
<td>#512EDU003-01</td>
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</tbody>
</table>

**COOKING**

**THE COOKING LAB**
Cooking Lab after school focuses on food culture, nutrition, creativity, and lots of hands-on cooking and fun!

**Instructor:** Natalia Akst  
• $140 resident/$170 nonresident

<table>
<thead>
<tr>
<th>PARK WEST PROGRAM BUILDING</th>
<th>MIN 10 MAX. 20 AGES 6-10</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/17–1/31</td>
<td>5:30 – 6:30 pm W</td>
</tr>
<tr>
<td>#512EDU032-02</td>
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<tr>
<td>2/21–3/6</td>
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<tr>
<td>#512EDU032-04</td>
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</tbody>
</table>

**YOUNG CHEF’S ACADEMY**
Some bakers live in a world of “bake’ believe and we know this to be true! We bring tantalizing treats to life and master the art of perfect pastry! As we indulge in the delicate flavors of a French patisserie, you’ll be “baking” the world a better place, one pastry at a time. That’s how we “roll” at Young Chef’s Academy. Ready... Set... LET’S BAKE!

**Instructor:**  
• $355 resident/$385 nonresident for all 4 workshops

<table>
<thead>
<tr>
<th>YOUNG CHEF’S ACADEMY STAFF</th>
<th>729 LONG POINT RD AGES 7-16</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/6</td>
<td>2 – 4 pm S</td>
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<tr>
<td>#512EDU029-01</td>
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<tr>
<td>2/3</td>
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<td>4/13</td>
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<td>#513EDU029-02</td>
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</table>
CREATIVE

SHINING STARS THEATER

Shining Stars actors learn how to tap into their emotions, move around the stage, and project their voices to be confident, as well as learn theater etiquette and terminology. They learn how to actively listen and react to what is happening on stage. Each session ends with a live performance!
Caitrin Robinson, caitrin@shiningstarscharleston.com
• $129 resident/$159 nonresident

G.M. DARBY BUILDING   MIN 5   MAX. 15

PARK WEST PROGRAM BUILDING   MIN 5   MAX. 15

SING, PLAY AND LEARN WITH MISS CRYSTAL

A fun, parent/child, early childhood music education class! Our research-based techniques and high energy environment keep your little ones engaged and having fun, all while growing their musical development and boosting their fine motor skills.
Instructor: Crystal DeMey
• $200 resident/$230 nonresident

MUSIC

DRAMA KIDS

Join us for Theater Enrichment! Our Composite Classes include a variety of stimulating dramatic lessons perfectly suited for most elementary school children. Students receive individual instruction customized for their own personal requirements and abilities. Students participate in a wide range of creative activities including speech, dramatic movement, improvisation, snippets, and scene starters. In a fun-filled atmosphere, our classes aim to give young people ongoing confidence, self-esteem, and skill in verbal communication. Beginners welcome! Sharon Cruse, Drama Kids of Charleston East, and Summerville
• No class 3/13, 4/3
• $332 resident/$362 nonresident

THE DARBY PLAYERS

Acting, singing and dancing leads to a musical production. All aspects of theatre is taught – costuming, lighting, sound & stage sets.
Amanda Carey
• $155 resident/$185 non-resident
• No class 4/4

MIRIAM BROWN ANNEX (OLD VILLAGE)   MIN 5   MAX. 7

IN MOTION MOUNT PLEASANT RECREATION MAGAZINE | 29
PRIVATE LESSON POLICY
Monthly payments are based on 4 lessons. Payments are due in full the 1st lesson of each month for that month. No pro-rating for lessons missed unless cancelled by the instructor.
*Call 849-2061 for a list of instructors.
*If there are 5 weeks in the month, an additional $30 is required.

PIANO
#512LES001 & #513LES001
Weekly 30-minute, 45-minute, or 1-hour private lessons may be arranged. Ages as young as 5 can start at anytime.
G.M. DARBY BUILDING
• $120 resident/$150 nonresident/month for 4 weekly 30-minute lessons

GUITAR LESSONS
#512LES003 & #513LES003
Beginner to intermediate lessons in pop, country, rock and R&B. Songwriting opportunities as well. Students should have their own guitar.
G.M. DARBY BUILDING, PARK WEST PROGRAM BUILDING
• $120 resident/$150 nonresident/month for 4 weekly 30-minute lessons

VOICE LESSONS
#512LES005 & #513LES005
No experience necessary. Students learn healthy practices for singing that enhances their experience in music and assist in the development of a healthy, lifelong technique.
G.M. DARBY BUILDING
• $120 resident/$150 nonresident/month for 4 weekly 30-minute lessons

VIOLIN AND VIOLA LESSONS
#512LES006 & #513LES006
No experience necessary. All ages welcome. Weekly 30-minute lessons may be arranged.
G.M. DARBY BUILDING
• $120 resident/$150 nonresident/month for 4 weekly 30-minute lessons

CELLO
512LES007 & 513LES007
No experience necessary. All ages welcome. Weekly 30-minute lessons may be arranged.
G.M. DARBY BUILDING
• $120 resident/$150 nonresident/month for 4 weekly 30-minute lessons

ADULT CLASSES
28th ANNUAL JIM RYCKMAN 3V3 BASKETBALL TOURNAMENT
• Early Registration 1/1 - 1/30   $65 a Team
• Late Registration 1/31 - 2/17   $75 a team
• Age Groups: 40+, 50+, 55+, 60+, 65+, 70+, 75+
TOWN HALL GYM / SATURDAY, MARCH 4

DISCOVER SCUBA
Learn basic dive theory, scuba gear operation, basic dive skills & hand signals. Intro to scuba diving, NOT a certification. All gear is supplied by the instructor. Medical form & liability waiver must be signed.
• Dates: 12/9, 1/13, 2/10, 3/9, 4/13, 5/4
• $150 resident/$180 nonresident/session
R.L. JONES CENTER POOL / MIN 4   MAX 8
AGES 10-80
2 – 4 pm
SAT
312SCU001

QUICK FIT BOOT CAMP
This is a low-impact high-intensity boot-camp style class using kettlebells, weights, steps, etc. Equipment is provided by instructor.
Vicki Walker, vickiofw@aol.com
• $50 resident/$80 nonresident/month
• No class 1/15, 5/29
G.M. DARBY BUILDING / MIN 5   MAX 15
AGES 18+
1/3 – 5/29
5:30 – 6 pm
M/W
522EXC001
523EXC001
## SPECIAL EVENTS

### SILENT DISCO
Come experience this UNIQUE night out for kids! Each participant will receive a pair of wireless headphones that has different channels controlled by a DJ. Find the music that makes you move your bones; this isn’t your normal disco!
- $15 per participant

**G.M. DARBY BUILDING**  | **MIN 40 MAX 80**
---|---
2/16  | 6 - 7:30 pm  | F  | #512DAN017-01

### SOCK HOP
Dance the night away at one of our most popular pre-teen events! MPRD staff chaperones and a DJ provides music. **Advanced registration only. No registration taken at the sock hop.** Concessions available.
- $6/person/night

**PARK WEST GYM**  | **MIN 40 MAX 80**
---|---
3/8  | 6 - 8 pm  | F  | #510DAN002-06

### EASTER EGG HUNT
Ready, set, go! Bring your baskets to the cutest Easter Egg Hunt in the Lowcountry. Grab your eggs, then enjoy fun activities and take a photo with the Easter bunny. **FREE EVENT**

**PARK WEST RECREATION COMPLEX**  | **AGES 5 AND UNDER**
---|---
3/19  | 11 am  | T

**ALHAMBRA HALL PARK**
3/20  | 11 am  | W

### SPRING CARNIVAL
All Ages – Family Friendly
Welcome the beautiful spring season with a celebration at historic Alhambra Hall Park.

**ALHAMBRA HALL PARK**  | **AGES 5-12**
---|---
5/2  | 3 - 5 pm  | TH  | **FREE EVENT**

### MOUNT PLEASANT FARMERS MARKET
Stroll through our weekly market to find a bounty of just-picked fruits and vegetables. Enjoy a variety of local seafood, fresh-cooked meals, locally produced snacks, baked and canned goods, live music and more!

**FARMERS MARKET PAVILION**  | **ALL AGES**
---|---
4/2-9/24  | 3:30 - 7 pm  | T  | **FREE EVENT**

### BLESSING OF THE FLEET & SEAFOOD FESTIVAL
Join us as we pay tribute to Mount Pleasant’s local shrimping and fishing industries with a boat parade, live music, craft show, and plenty of free activities with the picturesque Ravenel Bridge and Charleston Harbor for a backdrop!

**MEMORIAL WATERFRONT PARK**  | **ALL AGES**
---|---
4/28  | 11 am - 5 pm  | SU  | **FREE EVENT**

### ARTFEST
Families and cultural enthusiasts join together with budding and professional artists to showcase a diverse array of artistic talent. Free admission, parking and activities!

**MOUNT PLEASANT TOWNE CENTRE**  | **ALL AGES**
---|---
3/9  | 11 am - 3 pm  | S  | **FREE EVENT**

### SWEETGRASS HALF MARATHON
The 3rd annual event begins/ends at the recreation complex, running through the picturesque Park West, Darrell Creek and Carolina Park neighborhoods. Early bird & late reg. fees apply.

**PARK WEST RECREATION COMPLEX**  | **ALL AGES**
---|---
2/24  | 7:30 am  | S  | $70

### MOUNT PLEASANT RECREATION MAGAZINE
IN MOTION  | MOUNT PLEASANT RECREATION MAGAZINE | 31
STAY IN MOTION ALL YEAR LONG

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